



Champs XC South Region 13 & 14 Girls 5K Results

November 26, 2022
McAlpine Greenway - Charlotte, NC
5.00 Kilometers



Place	Time	Bib#	Name	City, State	Team
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Scoring Teams:

1. Thomson Training 21 (1 2 4 5 9)
2. Fit180 34 (3 6 7 8 10)

Team Total Times (Average)

Thomson Training: 102:31:21 (20:30:16)
Fit180: 109:05:18 (21:49:03)

1	18:50.3	1029	Caroline Mooney	, KY	Thomson Training
2	18:58.2	574	Kaitlyn Estep	Cary, NC	Without Limits Triangle
3	19:46.9	1196	Mariah Reed	, KY	Thomson Training
4	19:55.1	763	Anneka Hill	Cary, NC	Without Limits Triangle
5	19:56.0	278	Emma Balaban	Waxhaw, NC	Fit180
6	19:58.1	423	Emma Cissna	Knoxville, TN	Knoxville Youth Athletics
7	20:03.7	380	Kaylanna Burroughs	Florence, SC	Florence Track Club
8	20:17.4	582	Lily Farrell	Danville, GA	
9	20:22.4	277	Maggie Baker	Nashville, TN	Nashville Track Club
10	20:30.9	1506	Lizah Williams	Central, SC	
11	20:34.5	700	Gianna Gyurich	Estero, FL	ERYRC
12	20:35.1	886	Mary Thomas Kute	, KY	Thomson Training
13	20:45.4	1331	Lydia Smith	Columbia, SC	Heathwood Hall Episcopal School
14	20:45.7	1173	Claire Powers	, KY	Thomson Training
15	20:50.4	907	Reagan Leone	Fairfax Station, VA	Fairfax Police Youth Club
16	20:55.8	814	Riley James	Georgetown, KY	Bluehawks Running Club
17	21:06.8	466	Kinslee Cox	Murfreesboro, TN	Nashville Youth Athletics
18	21:12.0	1195	Claire Reburn	Winter Garden, FL	Central Florida Flyers
19	21:22.6	1409	Lilly Tidwell	Central, SC	
20	21:33.5	491	Elle Dawson	Greensboro, NC	Greensboro Gladiators Homeschool Running Team
21	21:35.0	297	Abi Beall	Richmond, KY	
22	21:42.5	228	Megyn Amsler	Morgantown, WV	ONKA1080
23	21:44.6	609	Ryleigh Freshour	Morgantown, WV	ONKA1080
24	21:47.5	257	McKenzie Ashcraft	Charlotte, NC	
25	22:00.6	1528	Adelaide Wright	Matthews, NC	Fit180
26	22:01.1	1522	Savannah Wood	Afton, VA	Formula Complete Fitness
27	22:03.0	979	Cameron Matthews	Greensboro, NC	E3 Endurance
28	22:15.4	523	McKenna Dixon	Waxhaw, NC	Fit180
29	22:16.3	448	Claire Connolly	Waxhaw, NC	Fit180
30	22:29.1	1237	Alexia Rosas	Pharr, TX	
31	22:30.1	310	Gabby Bernard	Melbourne, FL	Set Goals Not Limits
32	22:35.1	741	Chaney Heady	, KY	Thomson Training
33	22:38.5	328	Emery Boonshaft	Waxhaw, NC	Fit180
34	22:44.1	994	Lexi McKinney	Mineral Wells, WV	The Burg United
35	22:48.4	649	Janie Gilchrist	Morgantown, WV	ONKA1080
36	23:01.8	1039	Julia Moore	, KY	Thomson Training
37	23:28.4	1233	Evee Ann Rodriguez	Pharr, TX	
38	23:33.1	962	Cherise Martin	Liberty, KY	Bluehawks Running Club
39	23:47.2	1086	Brooklyn Nemece	Mineral, VA	
40	23:51.3	1520	Erica Wood	Louisa, VA	
41	24:16.1	1452	Audrey Wagoner	Parkersburg, WV	The Burg United
42	24:29.7	1478	Alivia Welles	Charlotte, NC	Fit180
43	24:41.4	1047	Alexis Moran	, KY	Thomson Training
44	24:49.1	1427	Molly Upton	, KY	Thomson Training
45	24:52.5	1120	Julia Palmer	Waxhaw, NC	Fit180
46	25:12.5	1134	Rory Parrish	Midlothian, VA	
47	25:45.0	689	Adelyn Groves	Ripley, WV	
48	26:47.9	269	Abbie Bacorn	Parkersburg, WV	The Burg United
49	30:48.2	424	Jordyn Clackum	Dallas, GA	Raider Distance Project
50	30:48.8	709	Ryla Hall	Waxhaw, NC	Fit180